

NACIS Codes
812990, 624110,
624120, 812191, 812199

Capability Statement

Services/ Keywords

•Wellness Consulting, Wellness Coaching, Mental Health, Mindfulness, Holistic Healing, Conscious-Based Wellness, Reiki, Tai-Chi, Self-Care Workshops, Live Classes, Online Classes, Wellness Plans, Routines, Mind-Body harmony, Support Services, Mindful Coaching, Leadership Coaching, Spirituality & Wellbeing, Conscious-Living Programs, Conscious-Based Lifestyle

Who we Are

At Spirit in Consciousness we are committed to helping individuals achieve holistic well-being. Our team of experienced professionals provides comprehensive solutions that empower people in areas such as mental wellness and personal development. We strive for excellence and aim to be a trusted partner for those seeking to enhance their overall well-being.

Small Business Certifications

Service-Disabled Veteran-Owned Small Business (SDVOSB), Minority Owned Small Business (MOSB), Small Disadvantaged Business (SDB),



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